

Physical Education (PE) Long Term Plan

	Term 1 Citizenship	Term 2 Expression	Term 3 Dynasties	Term 4 Universe	Term 5 Life	Term 6 Dynamics
Main Project	Memory Box	Muck, Mess and Mixture	Magnificent Monarchs	Splendid Skies	Beachcombers	Humans
Curriculum driver	History	Art	History	Science	Science	Science
Y1/2 Cycle A	Yr 1 Running / Fitness Circuits Yr 2 Dodging / Fitness Circuits	Hands 1 Wide, narrow, curled	Feet 1 Linking	Hands 2 Seasons / weather	Jumping 1 Team Building	Games for understanding House Competitions / Sports Day
Main Project	Childhood	Beat, Band and Boogie	Dinosaur Planet	Moon Zoom	Wriggle and Crawl	Bounce
Curriculum driver	History	Music	History	Science/DT	Science	P.E
Y1/2 Cycle B	Yr1 Running/ Fitness Circuits Yr2 Dodging / Fitness circuits	Yr1 Hands / Body Parts Yr2 Hands / Body Parts	Yr 1 Feet / Pathways Yr2 Feet / Pathways	Yr1 Hands 2 / Starry Night Yr2 Hands 2 Starry Night	Yr 1 Jumping 1 / Team building Yr 2 Jumping 1 / Team building	Games for understanding House Comp/ Sports Day
Main Project	Urban Pioneers	Playlist	Through the Ages	Misty Mountain Sierra	Blue Abyss	Sprint
Curriculum driver	Art	Music	History	Geography	Science	PE
Y3/4 Cycle A	Health Related Fitness Netball	Gymnastics – Symmetry/ Asymmetry Football	Tag Rugby Problem solving / Commination	House Competitions Water & Carnival of the Animals	Cricket Competitions	Rounders Tennis
Main Project	Scrumdiddlyumptious	Heroes and Villains	Traders and Raiders	Tremors	Predators	Burps, Bottoms and Bile
Curriculum driver	DT	Music	Art	Geography	Science	Science
Y3/4 Cycle B	Basketball Health Related Fitness	Hockey Bridges	Handball, Dodgeball Orienteering	House Competitions Extreme Earth	Cricket Competitions	Rounders Tennis

Main Project	ID Curriculum Driver	Alchemy Island Music	Dynamic Dynasties	Star Gazers	Beast Creators	Science Champion
Curriculum driver	Science	Music	History	Science	Science	PE
Y5/6 Cycle A	Netball Health Related Exercise	Football Counter & tension balance	Tag Rugby Orienteering / Dance	House Competitions Problem Solving / Communication	Cricket Athletics	Tennis Rounders
Main Project	Time Traveller	Gallery Rebels	Off with her Head	Frozen Kingdom	Darwin's Delights	Blood Heart
Curriculum driver	Science	Music	History	Science	Science	Science
5/6 Cycle B	Netball Health Related Exercise	Football /Hockey Match and mirroring	Dodgeball, Handball Tudor Dance (BBC Teach)	House Competitions Orienteering	Cricket Athletics	Rounders Tennis