



## PSHE Curriculum planning – 2-year cycle

### Cycle 1

Term	EYFS	Year 1/2	Year 3/4	Year 5/6
Citizenship	<p>Rights and responsibilities (SCARF) <b>Unit introduction assembly.</b></p> <p>Lessons in this unit: <a href="#">Looking after my special people</a></p> <p><a href="#">Looking after my friends</a></p> <p><a href="#">Being helpful at home and caring for our classroom</a></p> <p><a href="#">Caring for our world</a></p> <p><a href="#">Looking after money (1): recognising, spending, using</a></p> <p><a href="#">Looking after money (2): saving money and keeping it safe</a></p> <p><b>Complete pupil assessment sheet on completion.</b></p>	<p>Rights and responsibilities Year 1 (SCARF) <b>Unit introduction assembly.</b></p> <p>Lessons in this unit: <a href="#">Harold's wash and brush up</a></p> <p><a href="#">Around and about the school</a></p> <p><a href="#">Taking care of something</a></p> <p><a href="#">Harold's money</a></p> <p><a href="#">How should we look after our money?</a></p> <p><a href="#">Basic first aid</a></p> <p><b>Complete pupil assessment sheet on completion.</b></p>	<p>Rights and responsibilities Year 3 (SCARF) <b>Unit introduction assembly.</b></p> <p>Lessons in this unit: <a href="#">Our helpful volunteers</a></p> <p><a href="#">Helping each other to stay safe</a></p> <p><a href="#">Recount task</a></p> <p><a href="#">Harold's environment project</a></p> <p><a href="#">Can Harold afford it?</a></p> <p><a href="#">Earning money</a></p> <p><b>Complete pupil assessment sheet on completion.</b></p>	<p>Rights and responsibilities Year 5 (SCARF) <b>Unit introduction assembly.</b></p> <p>Lessons in this unit: <a href="#">What's the story?</a></p> <p><a href="#">Fact or opinion?</a></p> <p><a href="#">Rights, responsibilities and duties</a></p> <p><a href="#">Mo makes a difference</a></p> <p><a href="#">Spending wisely</a></p> <p><a href="#">Lend us a fiver!</a></p> <p><a href="#">Local councils</a></p> <p><b>Complete pupil assessment sheet on completion.</b></p>
Expression	<p>Being my best (SCARF) <b>Unit introduction assembly.</b></p> <p>Lessons in this unit: <a href="#">Bouncing back when things go wrong</a></p> <p><a href="#">Yes, I can!</a></p> <p><a href="#">Healthy eating</a></p> <p><a href="#">My healthy mind</a></p> <p><a href="#">Move your body</a></p> <p><a href="#">A good night's sleep</a></p>	<p>Being my best (SCARF) Year 1 <b>Unit introduction assembly.</b></p> <p>Lessons in this unit: <a href="#">I can eat a rainbow</a></p> <p><a href="#">Eat well</a></p> <p><a href="#">Catch it! Bin it! Kill it!</a></p> <p><a href="#">Harold learns to ride his bike</a></p> <p><a href="#">Pass on the praise!</a></p> <p><a href="#">Harold has a bad day</a></p>	<p>Being my best (SCARF) Year 3 <b>Unit introduction assembly.</b></p> <p>Lessons in this unit: <a href="#">Derek cooks dinner! (healthy eating)</a></p> <p><a href="#">Poorly Harold</a></p> <p><a href="#">For or against?</a></p> <p><a href="#">I am fantastic!</a></p>	<p>Being my best Year 5 (SCARF) <b>Unit introduction assembly.</b></p> <p>Lessons in this unit: <a href="#">Getting fit</a></p> <p><a href="#">It all adds up!</a></p> <p><a href="#">Different skills</a></p> <p><a href="#">My school community (2)</a></p> <p><a href="#">Independence and responsibility</a></p> <p><a href="#">Star qualities?</a></p>

	<p><b>Complete pupil assessment sheet on completion.</b></p>	<p><b>Complete pupil assessment sheet on completion.</b></p>	<p><u>Getting on with your nerves!</u></p> <p><u>Body team work</u></p> <p><u>Top talents</u></p> <p><b>Complete pupil assessment sheet on completion.</b></p>	<p><u>Basic first aid, including Sepsis Awareness</u></p> <p><b>Complete pupil assessment sheet on completion.</b></p>
Dynasties	<p>Me and my relationships (SCARF) <b>Unit introduction assembly.</b></p> <p><u>All about me</u></p> <p><u>What makes me special</u></p> <p><u>Me and my special people</u></p> <p><u>Who can help me?</u></p> <p><u>My feelings</u></p> <p><u>My feelings (2)</u></p> <p><b>Complete pupil assessment sheet on completion.</b></p>	<p>Me and my relationships Year 1 (SCARF) <b>Unit introduction assembly.</b></p> <p><u>Why we have classroom rules</u></p> <p><u>Thinking about feelings</u></p> <p><u>Our feelings</u></p> <p><u>Feelings and bodies</u></p> <p><u>Our special people balloons</u></p> <p><u>Good friends</u></p> <p><u>How are you listening?</u></p> <p><b>Complete pupil assessment sheet on completion.</b></p>	<p>Me and my relationships Year 3 (SCARF) <b>Unit introduction assembly.</b></p> <p><u>As a rule</u></p> <p><u>My special pet</u></p> <p><u>Tangram team challenge</u></p> <p><u>Looking after our special people</u></p> <p><u>How can we solve this problem?</u></p> <p><u>Dan's dare</u></p> <p><u>Thanks</u></p> <p><u>Friends are special</u></p> <p><b>Complete pupil assessment sheet on completion.</b></p>	<p>Me and my relationships Year 5 (SCARF) <b>Unit introduction assembly.</b></p> <p><u>Collaboration Challenge!</u></p> <p><u>Give and take</u></p> <p><u>How good a friend are you?</u></p> <p><u>Relationship cake recipe</u></p> <p><u>Being assertive ✖</u></p> <p><u>Being assertive</u></p> <p><u>Our emotional needs</u></p> <p><u>Communication</u></p> <p><b>Complete pupil assessment sheet on completion.</b></p>
Universe	<p>Valuing difference (SCARF) <b>Unit introduction assembly.</b></p> <p><u>I'm special, you're special</u></p> <p><u>Same and different</u></p> <p><u>Same and different families</u></p>	<p>Valuing difference Year 1 (SCARF) <b>Unit introduction assembly.</b></p> <p><u>Same or different?</u></p> <p><u>Unkind, tease or bully?</u></p> <p><u>Harold's school rules</u></p>	<p>Valuing difference Year 3 (SCARF) <b>Unit introduction assembly.</b></p> <p><u>Family and friends</u></p> <p><u>My community</u></p> <p><u>Respect and challenge</u></p>	<p>Valuing difference Year 5 (SCARF) <b>Unit introduction assembly.</b></p> <p><u>Qualities of friendship</u></p> <p><u>Kind conversations</u></p> <p><u>Happy being me</u></p> <p><u>The land of the Red People</u></p>

	<p><a href="#">Same and different homes</a></p> <p><a href="#">I am caring (formerly Kind and caring -1)</a></p> <p><a href="#">I am a friend (formerly Kind and caring, 2)</a></p> <p><b>Complete pupil assessment sheet on completion.</b></p>	<p><a href="#">Who are our special people?</a></p> <p><a href="#">It's not fair!</a></p> <p><b>Complete pupil assessment sheet on completion.</b></p>	<p><a href="#">Our friends and neighbours</a></p> <p><a href="#">Let's celebrate our differences</a></p> <p><a href="#">Zeb</a></p> <p><b>Complete pupil assessment sheet on completion.</b></p>	<p><a href="#">Is it true?</a></p> <p><a href="#">It could happen to anyone</a></p> <p><b>Complete pupil assessment sheet on completion.</b></p>
Life	<p>Growing and changing (SCARF)</p> <p><b>Unit introduction assembly.</b></p> <p><a href="#">Seasons</a></p> <p><a href="#">Life stages - plants, animals, humans</a></p> <p><a href="#">Life Stages: Human life stage - who will I be?</a></p> <p><a href="#">Where do babies come from?</a></p> <p><a href="#">Getting bigger</a></p> <p><a href="#">Me and my body - girls and boys</a></p> <p><b>Complete pupil assessment sheet on completion.</b></p>	<p>Growing and changing Year 1 (SCARF)</p> <p><b>Unit introduction assembly.</b></p> <p><a href="#">Inside my wonderful body!</a></p> <p><a href="#">Taking care of a baby</a></p> <p><a href="#">Then and now</a></p> <p><a href="#">Who can help? (2)</a></p> <p><a href="#">Surprises and secrets</a></p> <p><a href="#">Keeping privates private</a></p> <p><b>Complete pupil assessment sheet on completion.</b></p>	<p>Growing and changing Year 3 (SCARF)</p> <p><b>Unit introduction assembly.</b></p> <p><a href="#">Relationship Tree</a></p> <p><a href="#">Body space</a></p> <p><a href="#">Secret or surprise?</a></p> <p><a href="#">My changing body</a></p> <p><a href="#">Basic first aid</a></p> <p><b>Complete pupil assessment sheet on completion.</b></p>	<p>Growing and changing (SCARF) Year 5</p> <p><b>Unit introduction assembly.</b></p> <p><a href="#">How are they feeling?</a></p> <p><a href="#">Taking notice of our feelings</a></p> <p><a href="#">Dear Hetty</a></p> <p><a href="#">Changing bodies and feelings</a></p> <p><a href="#">Growing up and changing bodies</a></p> <p><a href="#">It could happen to anyone</a></p> <p><a href="#">Help! I'm a teenager - get me out of here!</a></p> <p><a href="#">Dear Ash</a></p> <p><a href="#">Stop, start, stereotypes</a></p> <p><b>Complete pupil assessment sheet on completion.</b></p>
Dynamics	<p>Keeping myself SAFE (SCARF)</p> <p><b>Unit introduction assembly.</b></p> <p><a href="#">What's safe to go onto my body</a></p>	<p>Keeping myself SAFE Year 1(SCARF)</p> <p><b>Unit introduction assembly.</b></p> <p><a href="#">Healthy me</a></p> <p><a href="#">Super sleep</a></p>	<p>Keeping myself SAFE Year 3(SCARF)</p> <p><b>Unit introduction assembly.</b></p> <p><a href="#">Safe or unsafe?</a></p> <p><a href="#">Danger or risk?</a></p>	<p>Keeping myself SAFE Year 5(SCARF)</p> <p><b>Unit introduction assembly.</b></p> <p><a href="#">'Thinking' about habits</a></p> <p><a href="#">Jay's dilemma</a></p>

<p><u>Keeping Myself Safe - What's safe to go into my body (including medicines)</u></p> <p><u>Safe indoors and outdoors</u></p> <p><u>Listening to my feelings</u></p> <p><u>Keeping safe online</u></p> <p><u>People who help to keep me safe</u></p> <p><b>Complete pupil assessment sheet on completion.</b></p>	<p><u>Who can help? (1)</u></p> <p><u>Harold loses Geoffrey</u></p> <p><u>What could Harold do?</u></p> <p><u>Good or bad touches?</u></p> <p><u>Sharing pictures</u></p> <p><b>Complete pupil assessment sheet on completion.</b></p>	<p><u>The Risk Robot</u></p> <p><u>Alcohol and cigarettes: the facts</u></p> <p><u>Super Searcher</u></p> <p><u>None of your business!</u></p> <p><u>Raisin challenge (1)</u></p> <p><u>Help or harm?</u></p> <p><b>Complete pupil assessment sheet on completion.</b></p>	<p><u>Spot bullying</u></p> <p><u>Ella's diary dilemma</u></p> <p><u>Decision dilemmas</u></p> <p><u>Play, like, share</u></p> <p><u>Drugs: true or false?</u></p> <p><u>Smoking: what is normal?</u></p> <p><u>Would you risk it?</u></p> <p><b>Complete pupil assessment sheet on completion.</b></p>
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## **Cycle 2**

Term	EYFS	Year 1/2	Year 3/4	Year 5/6
Citizenship	<p><i>Rights and responsibilities (SCARF)</i></p> <p><b>Unit introduction assembly.</b></p> <p><i>Lessons in this unit:</i></p> <p><u>Looking after my special people</u></p> <p><u>Looking after my friends</u></p> <p><u>Being helpful at home and caring for our classroom</u></p> <p><u>Caring for our world</u></p> <p><u>Looking after money (1): recognising, spending, using</u></p> <p><u>Looking after money (2): saving money and keeping it safe</u></p>	<p><i>Rights and responsibilities Year 2 (SCARF)</i></p> <p><b>Unit introduction assembly.</b></p> <p><u>Getting on with others</u></p> <p><u>When I feel like erupting</u></p> <p><u>Feeling safe</u></p> <p><u>How can we look after our environment?</u></p> <p><u>Harold saves for something special</u></p> <p><u>Harold goes camping</u></p> <p><u>Playing games</u></p>	<p><i>Rights and responsibilities Year 4 (SCARF)</i></p> <p><b>Unit introduction assembly.</b></p> <p><u>Who helps us stay healthy and safe?</u></p> <p><u>It's your right</u></p> <p><u>How do we make a difference?</u></p> <p><u>In the news!</u></p> <p><u>Safety in numbers</u></p> <p><u>Logo quiz</u></p> <p><u>Harold's expenses</u></p> <p><u>Why pay taxes?</u></p>	<p><i>Rights and responsibilities Year 6 (SCARF)</i></p> <p><b>Unit introduction assembly.</b></p> <p><u>Two sides to every story</u></p> <p><u>Fakebook friends</u></p> <p><u>What's it worth?</u></p> <p><u>Jobs and taxes</u></p> <p><u>Action stations!</u></p> <p><u>Project Pitch (parts 1 &amp; 2)</u></p> <p><u>Happy shoppers</u></p> <p><u>Democracy in Britain 1 - Elections</u></p> <p><u>Democracy in Britain 2 - How (most) laws are made</u></p>

	<p><b>Complete pupil assessment sheet on completion.</b></p>	<p><b>Complete pupil assessment sheet on completion.</b></p>	<p><b>Complete pupil assessment sheet on completion.</b></p>	<p><b>Complete pupil assessment sheet on completion.</b></p>
Expression	<p>Being my best (SCARF) <b>Unit introduction assembly.</b></p> <p><i>Lessons in this unit:</i> <a href="#">Bouncing back when things go wrong</a></p> <p><a href="#">Yes, I can!</a></p> <p><a href="#">Healthy eating</a></p> <p><a href="#">My healthy mind</a></p> <p><a href="#">Move your body</a></p> <p><a href="#">A good night's sleep</a></p> <p><b>Complete pupil assessment sheet on completion.</b></p>	<p>Being my best (SCARF) Year 2 <b>Unit introduction assembly.</b></p> <p><a href="#">You can do it!</a></p> <p><a href="#">My day</a></p> <p><a href="#">Harold's postcard - helping us to keep clean and healthy</a></p> <p><a href="#">Harold's bathroom</a></p> <p><a href="#">My body needs...</a></p> <p><a href="#">What does my body do?</a></p> <p><b>Complete pupil assessment sheet on completion.</b></p>	<p>Being my best (SCARF) Year 4 <b>Unit introduction assembly.</b></p> <p><a href="#">What makes me ME!</a></p> <p><a href="#">Making choices</a></p> <p><a href="#">SCARF Hotel</a></p> <p><a href="#">Harold's Seven Rs</a></p> <p><a href="#">My school community (1)</a></p> <p><a href="#">Basic first aid</a></p> <p><b>Complete pupil assessment sheet on completion.</b></p>	<p>Being my best (SCARF) Year 6 <b>Unit introduction assembly.</b></p> <p><a href="#">Five Ways to Wellbeing project</a></p> <p><a href="#">This will be your life!</a></p> <p><a href="#">Our recommendations</a></p> <p><a href="#">What's the risk? (1)</a></p> <p><a href="#">What's the risk? (2)</a></p> <p><a href="#">Basic first aid, including Sepsis Awareness</a></p> <p><b>Complete pupil assessment sheet on completion.</b></p>
Dynasties	<p>Me and my relationships (SCARF) <b>Unit introduction assembly.</b></p> <p><a href="#">All about me</a></p> <p><a href="#">What makes me special</a></p> <p><a href="#">Me and my special people</a></p> <p><a href="#">Who can help me?</a></p> <p><a href="#">My feelings</a></p> <p><a href="#">My feelings (2)</a></p> <p><b>Complete pupil assessment sheet on completion.</b></p>	<p>Me and my relationships Year 2 (SCARF) <b>Unit introduction assembly.</b></p> <p><a href="#">Our ideal classroom (1)</a></p> <p><a href="#">Our ideal classroom (2)</a></p> <p><a href="#">How are you feeling today?</a></p> <p><a href="#">Bullying or teasing?</a></p> <p><a href="#">Don't do that!</a></p> <p><a href="#">Types of bullying</a></p> <p><a href="#">Being a good friend</a></p> <p><a href="#">Let's all be happy!</a></p>	<p>Me and my relationships Year 4 (SCARF) <b>Unit introduction assembly.</b></p> <p><a href="#">An email from Harold!</a></p> <p><a href="#">Ok or not ok? (part 1)</a></p> <p><a href="#">Ok or not ok? (part 2)</a></p> <p><a href="#">Human machines</a></p> <p><a href="#">Different feelings</a></p> <p><a href="#">When feelings change</a></p> <p><a href="#">Under pressure</a></p>	<p>Me and my relationships Year 6 (SCARF) <b>Unit introduction assembly.</b></p> <p><a href="#">Working together</a></p> <p><a href="#">Let's negotiate</a></p> <p><a href="#">Solve the friendship problem</a></p> <p><a href="#">Assertiveness skills (formerly Behave yourself - 2)</a></p> <p><a href="#">Behave yourself</a></p> <p><a href="#">Dan's day</a></p> <p><a href="#">Don't force me</a></p> <p><a href="#">Acting appropriately</a></p>

		Complete pupil assessment sheet on completion.	Complete pupil assessment sheet on completion.	<a href="#">It's a puzzle</a> Complete pupil assessment sheet on completion.
Universe	Valuing difference (SCARF) <b>Unit introduction assembly.</b> <a href="#">I'm special, you're special</a> <a href="#">Same and different</a> <a href="#">Same and different families</a> <a href="#">Same and different homes</a> <a href="#">I am caring (formerly Kind and caring -1)</a> <a href="#">I am a friend (formerly Kind and caring, 2)</a> <b>Complete pupil assessment sheet on completion</b>	Valuing difference Year 2 (SCARF) <b>Unit introduction assembly.</b> <a href="#">What makes us who we are?</a> <a href="#">How do we make others feel?</a> <a href="#">My special people</a> <a href="#">When someone is feeling left out</a> <a href="#">An act of kindness</a> <a href="#">Solve the problem</a> <b>Complete pupil assessment sheet on completion</b>	Valuing difference Year 4 (SCARF) <b>Unit introduction assembly.</b> <a href="#">Can you sort it?</a> <a href="#">Islands</a> <a href="#">Friend or acquaintance?</a> <a href="#">What would I do?</a> <a href="#">The people we share our world with</a> <a href="#">That is such a stereotype!</a> <b>Complete pupil assessment sheet on completion</b>	Valuing difference Year 6 (SCARF) <b>Unit introduction assembly.</b> <a href="#">OK to be different</a> <a href="#">We have more in common than not</a> <a href="#">Respecting differences</a> <a href="#">Tolerance and respect for others</a> <a href="#">Advertising friendships!</a> <a href="#">Boys will be boys? - challenging gender stereotypes</a> <b>Complete pupil assessment sheet on completion</b>
Life	Growing and changing (SCARF) <b>Unit introduction assembly.</b> <a href="#">Seasons</a> <a href="#">Life stages - plants, animals, humans</a> <a href="#">Life Stages: Human life stage - who will I be?</a> <a href="#">Where do babies come from?</a> <a href="#">Getting bigger</a> <a href="#">Me and my body - girls and boys</a>	Growing and changing Year 2 (SCARF) <b>Unit introduction assembly.</b> <a href="#">A helping hand</a> <a href="#">Sam moves away</a> <a href="#">Haven't you grown!</a> <a href="#">My body, your body</a> <a href="#">Respecting privacy</a> <a href="#">Basic first aid</a> <b>Complete pupil assessment sheet on completion.</b>	Growing and changing Year 4 (SCARF) <b>Unit introduction assembly.</b> <a href="#">Moving house</a> <a href="#">My feelings are all over the place!</a> <a href="#">All change!</a> <a href="#">Preparing for changes at puberty (formerly Period positive/preparing for periods)</a> <a href="#">Secret or surprise?</a> <a href="#">Together</a>	Growing and changing Year 6 (SCARF) <b>Unit introduction assembly.</b> <a href="#">Helpful or unhelpful?</a> <a href="#">Managing change</a> <a href="#">I look great!</a> <a href="#">Media manipulation</a> <a href="#">Pressure online</a> <a href="#">Is this normal?</a> <a href="#">Dear Ash</a> <a href="#">Making babies</a> <a href="#">What is HIV?</a>

	Complete pupil assessment sheet on completion.		Complete pupil assessment sheet on completion.	Complete pupil assessment sheet on completion.
Dynamics	<p>Keeping myself SAFE (SCARF)  <b>Unit introduction assembly.</b>  <a href="#">What's safe to go onto my body</a>  <a href="#">Keeping Myself Safe - What's safe to go into my body (including medicines)</a>  <a href="#">Safe indoors and outdoors</a>  <a href="#">Listening to my feelings</a>  <a href="#">Keeping safe online</a>  <a href="#">People who help to keep me safe</a></p> <p><b>Complete pupil assessment sheet on completion.</b></p>	<p>Keeping myself SAFE Year 2(SCARF)  <b>Unit introduction assembly.</b>  <a href="#">Harold's picnic</a>  <a href="#">How safe would you feel?</a>  <a href="#">What should Harold say?</a>  <a href="#">I don't like that!</a>  <a href="#">Fun or not?</a>  <a href="#">Should I tell?</a>  <a href="#">Some secrets should never be kept</a></p> <p><b>Complete pupil assessment sheet on completion.</b></p>	<p>Keeping myself SAFE Year 4(SCARF)  <b>Unit introduction assembly.</b>  <a href="#">Danger, risk or hazard?</a>  <a href="#">Picture Wise</a>  <a href="#">How dare you!</a>  <a href="#">Medicines: check the label</a>  <a href="#">Know the norms</a>  <a href="#">Keeping ourselves safe</a>  <a href="#">Raisin challenge (2)</a></p> <p><b>Complete pupil assessment sheet on completion.</b></p>	<p>Keeping myself SAFE Year 6(SCARF)  <b>Unit introduction assembly.</b>  <a href="#">Think before you click!</a>  <a href="#">Traffic lights</a>  <a href="#">To share or not to share?</a>  <a href="#">Rat Park</a>  <a href="#">What sort of drug is...?</a>  <a href="#">Drugs: it's the law!</a>  <a href="#">Alcohol: what is normal?</a>  <a href="#">Joe's story (part 1)</a>  <a href="#">Joe's story (part 2)</a></p> <p><b>Complete pupil assessment sheet on completion.</b></p>